



CAMP Participant Packing List

Items to Bring:

- | | |
|---|--|
| <input type="checkbox"/> Comfortable / active clothes and shoes (enough for 5 days) | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> 1 business casual outfit for final CAMP presentation | <input type="checkbox"/> Towel/Washcloth |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Toiletries and medications |
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Flashlight |
| <input type="checkbox"/> Sleepwear | <input type="checkbox"/> Shower shoes |
| <input type="checkbox"/> Sweatshirt/Long sleeved T-shirt (it may be cool in the evenings or inside buildings) | <input type="checkbox"/> Hat/Sunglasses |
| <input type="checkbox"/> Rain Gear (rain jacket, poncho, & umbrella) | <input type="checkbox"/> Backpack or small bag |
| <input type="checkbox"/> Sleeping bag OR sheets and blanket for an extra-long twin bed | <input type="checkbox"/> Sunscreen |
| | <input type="checkbox"/> Reusable water bottle |
| | <input type="checkbox"/> Plastic bags for your dirty clothes |

Revealing, short or tight fitting material/apparel is not appropriate.

Optional:

- Watch
- Camera
- Alarm Clock
- Earplugs
- Money for souvenirs/snacks

Don't bring:

- Fireworks
- Radio/Ipod/MP3 player/Electronic games
- Knife/Weapons
- Drugs/Alcohol
- Laptops/iPads

Helpful tips for packing:

1. **PUT YOUR NAME ON EVERYTHING.** CAMP is not responsible for any lost or stolen items.
2. Keep in mind that temperatures in Alabama in July will be hot and humid.
3. Look at the weather for the week before you pack.

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